## EQUIPMENT NEEDS ASSESSMENT APPLICATION Fall 2019

Name of Person Submitting Request:	John Banola
Program or Service Area:	Kinesiology/Health
Division:	SSHDPE
Date of Last Program Efficacy:	April 2019
What rating was given?	Continuation
Equipment Requested	Fitness Sliders
Amount Requested:	~\$900.00
Strategic Initiatives Addressed:	Access, Student Success, Institutional
	Effectiveness, Planning, Campus Climate
Needs Assessment Resources (includes	https://www.valleycollege.edu/about-
Strategic Initiatives):	sbvc/campus-committees/academic-
	senate/program-review/needs-
	<u>assessment.php</u>

NOTE: To facilitate ranking by the committee, submit separate requests for each item; however, multiple items can be submitted as one request if it is required that the equipment is packaged together.

Replacement 
Additional X

Are there alternative funding sources? (for example, Department, Budget, Perkins, Grants, etc.)

Yes 
NO X

If yes, what are they?

1. Provide a rationale for your request. (Explain, in detail, the need for this equipment.)

These sliders allow instructors to utilize low-impact activities that are easy on the joints of the students. This will provide another option for students to participate in physical activities when they otherwise might not be able to due to joint limitations.

2. Indicate how the content of the department/program's latest Efficacy Report and/or current EMP supports this request and how the request is tied to program planning. (Directly reference the relevant information from your latest Efficacy Report and/or current EMP in your discussion.)

The Kinesiology department offers a variety of courses which provides students opportunity to improve their current health/fitness levels while acquiring the skills to promote a lifelong, wellness lifestyle. The Healthy People 2020 (HP 2020) campaign has been one of the driving forces behind getting the nation more active. In regards to physical activity (PA), the goal of HP 2020 is to "Improve the health, fitness, and quality of life through daily PA." In addition, one of the objectives in regards to PA is to "Reduce the proportion of adults who engage in no leisure-time PA." Utilizing HP 2020 as a guide, our department can continue to develop courses to provide opportunities for our students and community members to reach this goal and objective.

3. Indicate any additional information you want the committee to consider (for example, regulatory information, compliance, updated efficiency, student success data, planning, etc.).

The activity courses that will be using this equipment every semester have sections scheduled back-to-back from 8:00A-2:00P Monday through Thursday, as well as during the evening, and typically have students waiting to add. The fitness sliders will be used constantly and justifies the initial cost. Most importantly, it will allow more students the opportunity to participate safely and successfully in our activity courses with minimized risks of joint impact injuries.

4. Indicate any related costs (including any ongoing maintenance or updates) and department/program's plans to support those costs.

There will be no additional costs.

5. What are the consequences of not funding this equipment?

We may be limiting, or perhaps excluding, some students from participating as much as they possibly could.